# Professional Certificate Training in Integrative Expressive Arts Therapy



### At 607, 8 Nanking Street, Jordan, HK

This iEXAT training program offers evening and weekend sessions for working professionals. The training contents and structure are designed with reference to the guidelines and education requirements of different registration bodies

## to support Social Workers, Mental Health &

#### Helping Professionals who wish to pursue

#### Professional Expressive Arts Therapist Registration

(For details of professional registration, please visit the respective websites. There you will see additional requirements needed after completion of this and professional Expressive Arts trainings.)

Organizer:

Partner Organization:

Save the Dates!

Application Begins Act Now!

Becoming an Expressive A

 Join Briefing, know details and Online Application www.iEXAT.hk Course fee: \* \$92K (Early bird rate) \* \$98K (Regular rate) Application closes on

Early Bird Deadline

January 18, 2024

Application closes o Contact Us: 9849-6260 Feb 9, 2025 **Training Schedule** 

Phase I: Apr 18-21, May 3-5, May 31-Jun 2, Jun 28-29, Jul 1, 2025

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- ★ Phase IIa: Jul 26-27, Aug 30-31, Sep 13-14, Oct 11-12, Nov 1-2, Nov 22-23, Dec 6-7, 2025, Mar 7-8, 21-22, Aug 1-2, 2026
- ★ Phase IIb: Sep 2025 Aug, 2026 (Monday evening)
- ★ Phase III: Jan 3-4, 17-18, 24-25, 31, Feb 1, 2026
- ★ Phase IV: Sep 2025 Aug, 2026 (Self-arranged)

This unique Integrative Expressive Arts Therapy (iEXAT) Professional Certificate Training in 2024-2026 is a practical training program that provides social workers, mental health or helping professionals and other interested parties with hands-on experience of the healing power of expressive arts therapy. It integrates the person-centered philosophy, Jungian approach and phenomenological perspective as the main theoretical frameworks for expressive arts therapy and provides intraining clinical practicum and supervision for participants to put their learnings into practice.

It comprises 4 phases with experiential learning, lectures, live demonstrations, incorporated with small group (trio) reflective learning, in-training practicum and supervision, and the process is supported by supervisors who hold the Registered Expressive Arts Therapist (REAT) credential. Those who have completed phase I to phase IV will be awarded iEXAT Professional Certificate.

